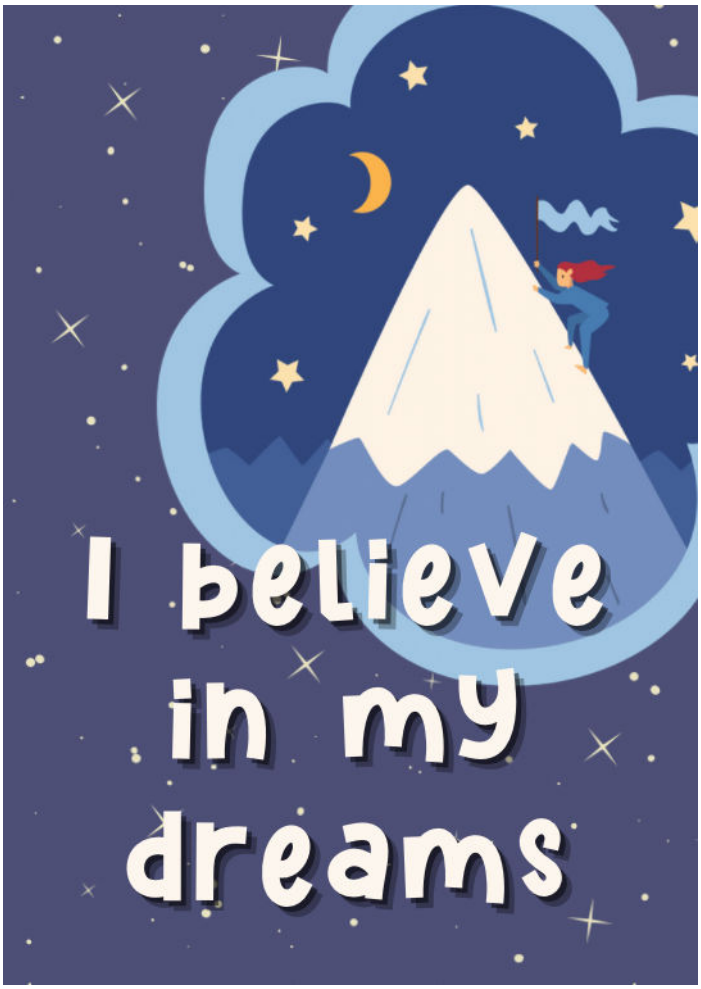
Growth Mindset AFFirmation Cards

Mistakes help the brain grow

I learn From my mistakes



I believe in my dreams

I am safe, I am calm, I can cope

I can do hard things

I improve with practise

When I don't succeed right away, I try again

I am becoming the person I want to be

I am a problem solver

I don't give up

I AM patient

I can learn anything!

Learning is my superpower

I have great ideas

I ask For help when I need it

I can do anything!

I try new things

I have big dreams

If I get tired, I take a break