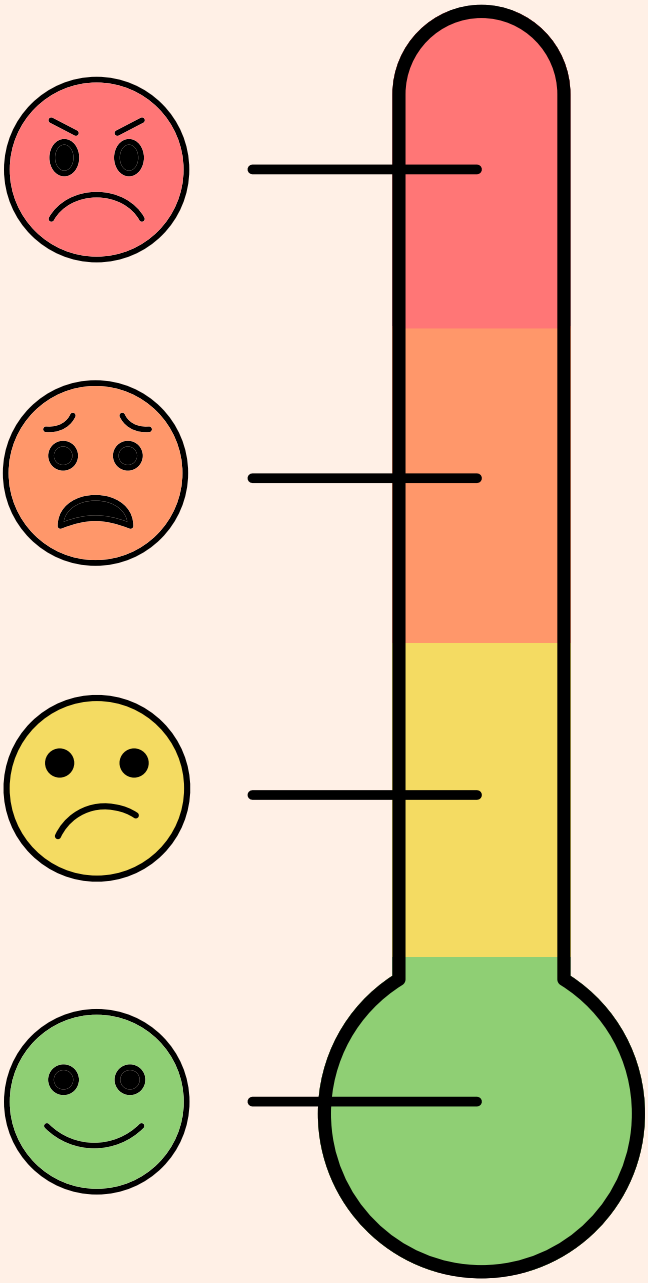
MOOD THERMOMETER



sad

happy

frustrated

calm

worried

bored

out of control

angry